

## Detect it Early

### SIGNS TO LOOK OUT FOR



A white reflection in the pupil

A squint eye with white reflection in the pupil



Swollen eye

A squint, where one eye looks in or out



A red, sore or swollen eye without infection

Shrunken eye



(Photo Courtesy : LV Prasad Eye Institute)

Organizing Secretariat: Cankids Kidscan

**The Sajeew-CanKids Project- Fighting Retinoblastoma**

Website: [rb.cankidsindia.org](http://rb.cankidsindia.org)

Email: [fightrbindia@gmail.com](mailto:fightrbindia@gmail.com)



## Quality Treatment



Glow in the eye?  
Diagnosed as Retinoblastoma?

Late Detection?

The eye needs to be removed?



Your child's life is more valuable than his vision.

After treatment, an Artificial Eye.

Beautiful again!



(Photo Courtesy : Shroff Charity Eye Hospital, Delhi)



**RB India National Interest Group**

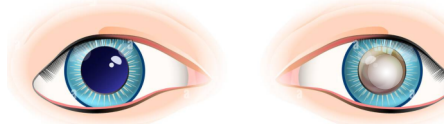
Email: [fightrbindia@gmail.com](mailto:fightrbindia@gmail.com)  
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## रेटिनोब्लास्टोमा के बाद जीवन



Fight RB, India



जिन रोगियों की आँख का इलाज बाह्य किरण रेडिएशन थेरेपी से किया जाता है उनमें निम्नलिखित समस्याएँ शामिल हो सकती हैं:

रेटिनोब्लास्टोमा के इलाज के बाद आँख से संबंधित समस्याएँ:	मोतियाबिंद
• आँख में सूखापन	• आँखों में सूखापन
• पलक झपकाने में परेशानी या पलक की दिखावट में परिवर्तन	• आँख में पानी आना या आँसू आना
• कृत्रिम आँख या प्रत्यारोपण के साथ समस्याएँ	• कॉर्निया में सूजन आना
• इलाज की गई आँखों में दृष्टि का कम होना	• आँख और नेत्र कोटर का कम विकसित होना
• कीमोथेरेपी या रेडिएशन थेरेपी के देरी से दिखाई देने वाले प्रभाव	• नेत्र कोटर के भीतर धँसी हुई आँख
	• दूसरी बार होने वाले कैंसर का अधिक जोखिम होना

कैंसर के बाद का जीवन
• स्वस्थ जीवन शैली की आदतों को अपनाना चाहिए।
• नियमित मूआयना और जाँचें करवाना
• कीमोथेरेपी या रेडिएशन उपचार के देरी से दिखाई देने वाले प्रभावों के लिए उनकी निगरानी की जानी चाहिए।

गिल्टी निकालने या इन्फ्रारेडिएशन सर्जरी करके आँख निकालना के बाद कृत्रिम आँख
1. जब आँख को सर्जरी करके निकाला जाता है गिल्टी निकालना या इन्फ्रारेडिएशन तो सर्जन आरंभिक सर्जरी के समय एक नेत्र कोटर प्रत्यारोपण करेगा।
2. आँख का गड्ढा ठीक हो जाने के बाद बच्चा एक नकली या कृत्रिम आँख लगवाने के योग्य हो सकता है।
3. कृत्रिम आँख को रोगी के लिए यथासंभव स्वाभाविक दिखने और लगने योग्य बनाने के लिए अनुकूलित कर तैयार किया जाता है।
4. अधिकांश बच्चे जिनमें आँख निकालने की आवश्यकता है वे सर्जरी से पहले ही दृष्टि परिवर्तनों के अनुकूल बन गए हैं। आँख निकल जाने के बाद आमतौर पर दृष्टि संबंधी व्यवहारों में कोई खास परिवर्तन नहीं आते।
5. कृत्रिम आँख वाले बच्चे खेल कूद और तैराकी सहित अपनी सामान्य गतिविधियाँ कर सकते हैं।
6. कृत्रिम आँख की अच्छी देखभाल करना ज़रूरी है।
7. कृत्रिम आँख को बच्चे के बढ़ने के अनुसार आमतौर पर हर 6 महीने में समायोजित किया जाता है।

कृत्रिम आँख वाले रोगियों को हर 6-12 महीने में एक नेत्र विशेषज्ञ द्वारा आँखों की नियमित जाँच करवाने की सलाह दी जाती है। इन दौरों में कृत्रिम आँख की सफाई करना यह सुनिश्चित करना कि आँख सही बैठ रही है और सभी समस्याओं का समाधान करना शामिल होता है।

कृत्रिम आँख के केंद्र
<b>North India:</b> Delhi- Ali Opticals, Shroff Hospital, Lucknow- KGMU, Chandigarh- Nehru Dental Hospital, Satya charitable dental clinic, Jaipur - Sawai Man Singh Hospital, Patna- Indira Gandhi Institute of Medical Sciences, Varanasi - BHU
<b>West India:</b> Mumbai- SMR ophthalmic pvt. LTD, Narayana Health's SRCC Children's Hospital, Excellence eye center, Ahmedabad- M & J Institute of Ophthalmology, Pune- H.V. Desai Eye Hospital, Gwalior- Regional cancer center & Ratan jyoti Eye Hospital
<b>East India:</b> Kolkata- Sankara Nethralaya, Soham prosthetic, Guwahati- Sankaradeva Nethralaya, Bhubaneswar - LVPEI
<b>South India:</b> Hyderabad- Center for Sight, Kerala- Comtrust Eye Hospital, Kozhikode, Eye Hospital Junction, Thiruvananthapuram

Organising Secretariat: **Fight RB India National Stakeholder Group**  
Email - [fightrbindia@gmail.com](mailto:fightrbindia@gmail.com)  
Helpline No. - 1800-123-6272 / 8860318881

Supported by: Sajiv Cskids RB Fund  
Kanaka & Siddhant Sirpal

## Life After Retinoblastoma



Fight RB, India



Patients treated with external beam radiation therapy have certain complications, or late effects of therapy. These may include the following problems:

Eye problems after treatment of retinoblastoma:	Complications or late effects of therapy:
• Dry eye	• Cataract
• Lid lag or change in appearance of the eyelid	• Dry eyes
• Issues with the prosthetic eye or implant	• Watery eye or tearing
• Low vision in eyes that have been treated	• Inflammation of the cornea
• Late effects of chemotherapy or radiation therapy	• Underdevelopment of the eye and eye orbit
	• Sunken eye within the orbit

Life after cancer
• All cancer survivors should adopt healthy lifestyle habits.
• Regular checkups and screenings by a primary care physician and have a personalized survivorship care plan.
• Survivors who were treated with systemic chemotherapy or radiation should be monitored for late effects of therapy.

Artificial eye after enucleation (surgical eye removal)
• When an eye is removed surgically (enucleation), the surgeon will place an orbital implant at the time of the initial surgery.
• After the eye socket has healed, the child can be fitted for a prosthetic or artificial eye.
• The prosthetic eye is customized for the patient to make the eye look and feel as natural as possible.
• Most children who need their eye removed have already adapted to changes in vision before surgery. Visual behaviors do not usually change significantly after eye removal.
• Children with a prosthetic eye can do their normal activities including sports and swimming.
• Good care of the prosthetic eye is important.
• The prosthetic eye is adjusted as the child grows, usually every 6 months.
Regular exams every 6-12 months by an ophthalmologist are recommended for patients with a prosthetic eye. These visits involve cleaning the prosthetic eye, making sure the fit is correct, and addressing any problems.

Prosthetic Eye Centres:
<b>North India:</b> Delhi- Ali Opticals, Shroff Hospital, Lucknow- KGMU, Chandigarh- Nehru Dental Hospital, Satya charitable dental clinic, Jaipur - Sawai Man Singh Hospital, Patna- Indira Gandhi Institute of Medical Sciences, Varanasi - BHU
<b>West India:</b> Mumbai- SMR ophthalmic pvt. LTD, Narayana Health's SRCC Children's Hospital, Excellence eye center, Ahmedabad- M & J Institute of Ophthalmology, Pune- H.V. Desai Eye Hospital, Gwalior- Regional cancer center & Ratan jyoti Eye Hospital
<b>East India:</b> Kolkata- Sankara Nethralaya, Soham prosthetic, Guwahati- Sankaradeva Nethralaya, Bhubaneswar - LVPEI
<b>South India:</b> Hyderabad- Center for Sight, Kerala- Comtrust Eye Hospital, Kozhikode, Eye Hospital Junction, Thiruvananthapuram

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# Fight RB, India

SAVING LIVES, SAVING EYES, SAVING VISION



**YOUR ACCESS TO CARE IS OUR RESPONSIBILITY**

RB Helpline No - 1800-123-6272 / 8860318881

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Join us in making

**Change for Childhood Cancer in India**

Because we are able ...Because we can



## Centres of Excellence of Retinoblastoma (Eye Cancer)

Sr.No	Hospital Name	R.B Doctors	Social Worker Cankids	Contact No.
1	Dr. B.R.A Institute-Rotary Cancer Hospital (IRCH)	Dr. Sameer Bakhshi	Lagan Wadhwa	8586928567
	R.P Center, AIIMS	Dr. Bhavna Chawla, Dr. Lomi, Dr. Rachna Meel	Lagan Wadhwa	8586928567
	Pediatric Oncology Department, AIIMS	Dr. Rachna Seth	Shubhangi Gupta	9871516281
2	Dr. Shroff Charity Eye Hospital, Delhi	Dr. Sima Das	Tanvi Khanna	9667928711
	Apollo Hospital Delhi	Dr. Amita Mahajan	Geetanjali Kathuria	8375881803
3	Post Graduate Institute of Medical, Education & Research, Chandigarh	Dr. Deepak Bansal, Dr. Usha Singh	Manisha	7889077190
4	Government Medical College & Hospital Chandigarh	Dr. Awadesh K Pandey, Dr. Shubina Narang	Mushaf Zaidi	9682565132
5	King George's Medical University, Lucknow	Dr. Nishant Verma, Dr. Sanjeev Gupta	Shashank Patel	6306988219
6	Sawai Man Singh Hospital, Jaipur	Dr. Maya Hada, Dr. Sandeep Jasuja	Atika Sharma	9024046217
7	Indira Gandhi Institute of Medical Sciences, Patna	Dr. Richa Madhav, Dr. Dinesh Sinha, Dr. M.S. Ali	Madhubala Verma	9798050494
8	AIIMS Patna	Dr. Amit	Chanchal Roy	7903161951
9	Mahavir Cancer Sansthan, Patna	Dr. Sajjid	Chanchal Roy	7903161951
10	Maulana Azad Medical College/ LNJ Hospital	Dr. Puneet Kaur Sahi	Shahwaj	9718343733
11	Banaras Hindu University	Dr. Priyanka Aggarwal, Dr. R.P. Maurya	Ashwini Verma	9335186214
12	Kamala Nehru Memorial Hospital	Dr. Sonia Tiwari	Rukhsar Farid	9682064171
13	TMH Mumbai	Dr. Girish, Dr. Nandan Shetye	Laxmi Chand	9421043233
14	Hinduja, Mumbai	Dr. Savari Desai	Laxmi Chand	9421043233
15	Narayana Health's SRCC Children's Hospital, Worli Mumbai	Dr. Purna A Kurkure, Dr. Himika Gupta	Aniket Nana Ghadi	8286008532
16	Gujarat Cancer & Research Institute, Ahmedabad	Dr. Harsha Panchal, Dr. Hetal Shah, Dr. Asha Anand, Dr. Geeta Joshi	Sonal Leuva	7405556447
17	M & J Institute of Ophthalmology	Dr. Sonali Shah	Sonal Leuva	7405556447
18	H.V. Desai Eye Hospital Pune	Dr. Colonel Madan, Dr. Sonal Chaugule	Prajakta Suryawanshi	8412902892
19	Govt Cancer Hospital Aurangabad	Dr. Sangeeta Patil, Dr. Aditi Lingayat	Ajay Deokkate	7588424815
20	MGM Eye Institute, Raipur	Dr. Mihir Mishra	Pradanya Kasle	9552562214
21	B.J. Wadia Hospital	Dr. Himika Gupta, Dr. Sangeeta Mudliar	Aniket Nana Ghadi	8286008532
22	LTMG Sion Hospital	Dr. Shweta Bansal	Beena Naugai	9604191452
23	Axis Eye Clinic	Dr. Ramesh Murthy	Prajakta Bagade	9082030138
24	Bharati Vidyaapeeth	Dr. Vibha Bafna	Prajakta Suryawanshi	8412902892
25	Regional Cancer Center & Ratan Jyoti Eye Hospital, Gwalior	Dr. Anil Sharma, Dr. Gunjan Shrivastava, Dr. Purendra Bhasin	Laxmi Chand	9421043233
26	Sankara Nethralaya Kolkata	Dr. Kalpita	Debayan Sen Gupta	9874219147
	Tata Medical Center, Kolkata	Dr. Arpita Bhattacharya	Rupak Ghosh	9836619447
27	Regional Institute of Ophthalmology, Kolkata	Dr. Asim Ghosh, Dr. Purban Ganguly	Tanmoy	7890224610
	Medical College Kolkata (Dep. Of Oncology)	Dr. Swarnabindu Banerjee	Tanmoy	7890224610

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28	Susrut Eye Foundation & Research Centre	Dr Anirban Bhaduri	Amina Khatun	6297895187
	SGCC&RI Thakurpukur	Dr. Soma De	Sauvik	9051037437
29	Shri Sankaradeva Nethralaya Guwahati	Dr Kasturi Bhattacharjee, Dr Manab Jyoti Barman	Jyotismita Medhi	7035132469
	Dr. B Borooh Cancer Institute Guwahati	Dr. Muzlima Hazarika	Jyotismita Medhi	7035132469
30	LVPEI Bhubaneswar	Dr. Deviyoti Tripathy	Gitanjali Sahoo	7894948884
	Sparsh Hospital	Dr. Ghanshyam Biswas	Gitanjali Sahoo	7894948884
31	Pals Retina Care Ranchi	Dr. Bikramjit P Pal	Bipasha	9532889168
32	Cachar Cancer Hospital	Dr. Ravi Kanan	Debayan Sen Gupta	9874219147
33	Center for Sight Hyderabad	Dr. Santosh Honaver	Nagasekar	9849676330
	Apollo Hyderabad	Dr. Vijay Anand Reddy	Nagasekar	9849676330
34	LVPEI Hyderabad	Dr. Swati Kalki, Dr. Mohammad Javed Ali	Yesu Raj	9047233531
	Apollo Hyderabad	Dr. Vijay Anand Reddy	Yesu Raj	9047233531
35	Sankara Nethralaya Chennai	Dr. Suganeswari G, Dr Anita Ramesh	Yesu Raj	9047233531
	Aravind Eye Hospital, Madurai	Dr. Usha Kim	Yesu Raj	9047233531
36	Aravind Eye Hospital, Coimbatore	Dr. Parag Shah, Dr. K. Veena	Yesu Raj	9047233531
	Aravind Eye Hospital, Puducherry	Dr. K. Veena	Yesu Raj	9047233531
37	SRMC & KKTCH	Dr. Julius Scott	Yesu Raj	9047233531
38	Aravind Eye Hospital, Chennai	Dr. Vikas Menon	Yesu Raj	9047233531
39	Sankara Eye Hospital Bangalore	Dr. Mahesh Shanmugam, Dr. Divyansh Mishra	Padma Mukharjee	7980969629
	NH Bangalore	Dr. Sunil Bhat	Padma Mukharjee	7980969629
40	Narayana Netralaya NH Bangalore	Dr. Raksha Rao, Dr. Roshni Gupta	Padma Mukharjee	7980969629
41	Prabha Eye Clinic	Dr. Fairouz P.M.	Padma Mukharjee	7980969629
42	MVRCCRI, Poolacode, Kozhikode, Kerala	Dr. Yamini Krishnan	Varada Raj Pillai	9495754115
43	Comtrust Eye Hospital, Kozhikode, Kerala	Dr. Prakash V.S.	Varada Raj Pillai	9495754115
44	RCC Thiruvananthapuram	Dr. Priyamani	Varada Raj Pillai	9495754115
45	Kidwai Memorial Institute of Oncology	Dr. Arun, Dr. Prakruti Mishra	Padma Mukharjee	7980969629
	CMC Vellore	Dr Swetha Sara Philip (Ophth)	Varada Raj Pillai	9495754115

**CALLING - ALL ALERT PARENTS, OPHTHALMOLOGISTS PEDIATRICIANS, OCULAR ONCOLOGISTS AND CIVIL SOCIETY**

If you see the white Glow or think the child may have eye cancer.

★ Call **1800-123-6272 / 8860318881** for information, diagnosis, treatment

★ Email **fightrbindia@gmail.com** with your query

We are there to assist with early diagnosis, quality treatment and patient support at the nearest RB Center.

## Know The Glow



White glow in the eye, Could be a sign of Eye Cancer

Retinoblastoma (RB) is rare!  
Typically seen in young children and babies!  
95% children with RB can be cured!  
Early detection, diagnosis & quality medical care  
Saves Lives and Vision!

**Join us to FIGHT RB, India**

(Photo Courtesy : Shroff Charity Eye Hospital, Delhi)



**RB India National Interest Group**

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